

Informed Consent Form for Informational Modalities

Today medicine is at a point where it is able to palliate or avoid simple diseases like cold or headache but is not aware that sickness always and foremost carries a message and a transformative potential. Gentle reminders are coming from nature frequently to change or reconsidered an aspect of one's life, or simply to allow a reset and break in the momentum of life. These take the form of a flu, back-pain, anxiety, sleeplessness, tension, allergy. It is common practice to switch them off with ANTI-histamine, ANTI-biotics, ANTI-depressant, ANTI-pain, ANTI-sleeplessness pills and consequently nature has to take stronger actions to get the message across. Disease simply is not a mistake of nature but a way to communicate important messages.

Alternative healing practices are often not different from this approach in principle. Therapists just use energetic modalities like light, sound and other frequency therapy or natural herbs to palliate symptoms rather than to search for the message that the symptom needs to convey.

Psychological methods on the other hand have mostly descended into a blame and explain game that has no end and no lasting healing effects. The father, the mother, the childhood, the abusive spouse, the destructive work-environment and a hundred other possible difficulties in a person's life are uncovered in countless sessions and blamed for the current situation.

The CoRe system uncovers repetitive informational pattern in a person's informational matrix and connects it informationally with missing, blocked or alternative information that is required to complement and integrate the current informational context to allow the message, the symptom, to disappear as it then has served its purpose.

Different than in any other therapy form this message has not to be communicated verbally to you, the client, but is communicated in a way that bypasses your mind-control, in various ways with or without the help of energy. This approach shows results often in ways that seem miraculous because changes happen instantaneously or in areas that one would not even have considered to be related.

We have to understand that our mind, as useful as it is in many aspects, is also the cause for most of our sicknesses. Not because it makes us sick actively but by forming a barrier to new information that need to penetrate in order to allow our rightful growth and development process. Habit and lack of interest to change and to adapt to new situations are built into our psychology as well as our culture and as a result discomfort or even painful symptoms that are intended to make us notice an area that needs change will always be part of a growth process.

CoRe allows the therapist to communicate the informational pattern that represent these aspects in a person's life either completely without energy and without the need for physical contact via pure informational communication that is not noticeable to our senses. This process uses the same techniques that healers have always used to diagnose or treat at a distant, that makes us intuitively realize events that we have no physical or energetic means to know or that all of plant and animal life uses generally to coordinate processes over vast distances. Plants, animals and children are more capable in this respect and are easier recipients of such kind of treatment as their mind does not form a reflective barrier that is based on habits of thought, opinions and believe systems.

Informed Consent Form for Informational Modalities

Believe, contrary to common ideas is not necessary for the effectiveness of informational therapy. On the contrary every believe system is crystallized thought and opinion and as such becomes a very selective filter for information. Even believe that is positive towards the possibility of CoRe therapy is not necessary as CoRe therapy has to bypass the mind level of our understanding to make lasting changes on the level which governs our physical wellbeing.

We have seen from countless experiences that the mind is the greatest obstacle in healing. Therefore, we recommend strongly not to discuss evaluation results as this always leads either to CONFIRMATION or DISAGREEMENT and both are equally counterproductive to the healing process.

When CoRe finds an emotional issue or disease tendency it is not helpful if it is discussed with the therapist as this will always either solidify the issue or increase the barriers. This is different than our cultural believe that tends to assume that discussing a problem is useful and consequently countless hours are spent on the chairs of psychoanalysts unproductively.

True change happens not on the couch or in bed but when we are strongly agitated, either in a life-threatening situation or by great loss or tragedy while at the same time perceiving the message that this situation carries. These cross-road events are rare in anyone's life but everyone knows at least a few of them and they are the times that profoundly change the direction of a one's life. If we try to ignore them or even them out with talk or affirmations like "don't worry it will not get worse", "in a few days you will be the old person again and you will not even remember", nature has to come up with even more painful ways to make us aware of the message it has to convey.

This tendency to ignore uncomfortable messages is facilitated and promoted by the cultural over-emphasis of left-brain education. The left-brain analyses find cause and effect in a linear fashion, thereby limiting explanations to a very narrow corridor of connections that fit into contemporary ways of understanding or are simply based on personal preferences.

Successful communication requires to re-involve the right hemisphere of our brain that is used to synthesize and associate information to a vast number of other concepts and therefore to make the necessary integration possible. Preferably to facilitate a constant switching between right and left-brain function.

There are many informational techniques that use either insignificant or no energy to achieve the same switching process between right and left brain, EMDR is a key modality in this respect. Also, certain information that is too contradictory, too un-logical, too vast, too unconventional for our limited left brain will automatically trigger the work of the right brain that is able to see the larger context. This switching process creates a dynamic labile state between the two halves of the brain which in turn leads to a polarity and increases energy flow that often tends to be eliminated in laughter or tears. Generally, this contains a lasting component that creates a deeper realization which often cannot and should not be put into words.

Informational therapies have, by their very nature, no lasting negative side effects or contra-indications. Information is either not resonant, which means it does not find its likeness in a person's informational matrix and therefore is reflected or it is fitting and starts to make new and healing connections.

Informed Consent Form for Informational Modalities

HOWEVER, these new informational connections that bring new realizations and understanding are very often shattering to habitual, fermenting, crystallized ways to relate to oneself and to one's life. This is often experienced as painful or dis-comfortable, which is otherwise called healing crisis or initial aggravation.

These pains or discomforts are always short but sometimes intense and are always a sign that one is on the right track towards true healing. Sometimes in this healing phase one has strong dreams or meet unexpected people or circumstances that trigger and facilitate this process.

In our culture, it is educated response pattern to tend to suppress pain by all means and always to assume it to be negative rather than a prompt for change or a necessary aspect of growth and transformation.

Because of the same reason culture has created a legal environment that initially was intended to protect but now has become a strong factor that inhibits growth and change particularly in medicine.

Therefore, we have to advise you that all practices of informational medicine have to be seen as kin to spiritual healing practices. We agree to this view and have to ask also you, the client, to agree to it as well. This means that you understand and agree that all things done to you by the therapist in a session with the CoRe system is intended to educate only.

If you experience any physical changes, we agree with the established scientific community that these are purely coincidental, which means they are not in any way related nor were they intended by the therapist.

Informational changes are intended for educational purposes only that will help you to make beneficial life-style changes.

Health Navigator
Inergetix-CoRe System

To: The Practitioner @ Balance Imbalances

Consent: I have read the Informed Consent Form for Informational Modalities and agreed to receive CoRe therapy via the remote informational communication process. My signature will also represent the guardian's consent when I request CoRe therapy for a person under age 18.

| Date | Name of Recipient or Guardian | Signature |
|------|-------------------------------|-----------|
|------|-------------------------------|-----------|

Confidentiality: The Practitioner agreed to treat your personal records as strictly confidential, unless release of them is requested by you. Balance Imbalances comply with the Singapore PDPA law to use your personal data for its intended purpose only. WhatsApp: +65 9139 1509.

| Date | Name of Practitioner | Signature |
|------|----------------------|-----------|
|------|----------------------|-----------|